



"Stomp" Out Stigma

6th Annual Run for Mental Health

\$100 Prize For The Person Who Raises The Most In Pledges

Rates

Before Apr. 1 2018	After Apr. 1 2018	Race Day May 12 2018	Youth Rate (13 to 18 yrs)	Stomp Out Stigma 1km Adult	Kids Stomp Out Stigma 1km Fun Run	Kids 5km Run (6 to 12 yrs)
\$35	\$40	\$45	\$20	\$20	FREE	FREE

* Please make checks payable to: The Mental Health Network

Registration & Fees

First Name:		Last Name:	
Address:		City:	
Email:		Province: ON	Postal Code:
Telephone #:		Birthday (mm/dd/yyyy):	
Gender:	Male	Female	Age on Race Day:
Circle One: Walker/Runner 5km		Go The Extra Mile 1km - Adults	
Walker/Runner 5km - Kids (6 to 12 yrs)		Go The Extra Mile 1km - Kids (12 yrs & under)	

I hereby for myself, my heirs, executors and administrators and assigns hereby waive, release and discharge any and all rights and claims for damages I have ever had, now have or can, shall or may hereafter have against The Mental Health Network of Chatham-Kent and any and all participating sponsors, supporters and directors, officers, employees and agents of such parties for any and all injuries in any manner arising or resulting from my participating in said race. I attest and verify that I have full knowledge of the risks involved in this race, that I assume those risks, that I will assume and pay my own medical and emergency expenses in the event of accident, illness or other capacity, regardless of whether I have authorized such expenses and that I am physically fit and sufficiently trained to participate in this race.

Signature: _____

Parent Signature if under 18: _____



